

FACE

Dr. Spiller
BIOCOSMETIC
REDISCOVER GOOD SKIN





YOUR SKIN...

...is a wonderful, perfectly organised system that is constantly striving for balance. Inappropriate care will lead to common problems such as excess oiliness, congestion, impurities, sensitivity, redness and premature ageing.

- Attempts to dry excess oil will lead to increased oil production.
- Anti-ageing treatments that strip the skin will lead to sensitivity, redness and premature ageing.

BIOMIMETIC – A BREAKTHROUGH IN THE CARE OF YOUR SKIN

The term 'biomimetic' is a combination of two words – 'biology' and 'to imitate'. In cosmetics, it refers to the imitation of biological processes found in the skin.

The concept of 'natural skin care' is taken to new levels of gentleness, effectiveness and results – not just 'natural ingredients' mixed into a cream, but formulated in a way that imitates the conditions found on young healthy skin.

50 years of careful study of the skin's biology combined with a breakthrough in formulation technology – the result is Dr. Spiller Biocosmetics from Germany.



OBSERVE, EXPLORE



WHEN SHOULD I START THINKING ABOUT ANTI-AGEING SKIN CARE?

The ageing process starts at puberty. Next to UV exposure, the factors known to cause skin ageing are inflammation, dehydration and oxidation. Dr. Spiller Biocosmetics meet these challenges head on:

Inflammation: many anti-ageing treatments are designed to damage or irritate the skin in order to trigger new growth. This can cause inflammation, and a series of chemical reactions that generate free radicals and ultimately destroy collagen and elastin fibres. Dr. Spiller Biocosmetics use skin-friendly bio-active ingredients that are known to reduce inflammation and irritation.

Dehydration and related skin conditions (tight skin, rough skin, scaly skin) are symptoms of excessive moisture loss. Scientific tests have shown that Dr. Spiller's unique Hydratrain® emulsion system ensures well hydrated, balanced skin, all day, every day.

Oxidation through free radicals causes damage to cells. In the worst case, cells' DNA may be permanently impaired. Dr. Spiller Biocosmetics contain a multitude of anti-oxidants of proven effectiveness. Independent clinical tests have shown that our Hydratrain® emulsion system delivers more than twice the quantity of a given anti-oxidant compared to traditional skin care creams.



FRESH PHILOSOPHY

BE GENTLE WITH YOUR SKIN...

Harsh acids strip the skin. Powerful emulsifiers disturb its balance, preservatives interfere with the skin's micro flora.

Leading dermatologists have found the daily application of products containing acids to be particularly damaging to the skin. Immune function is suppressed, natural repair processes cannot take place, the skin is permanently inflamed.

Dr. Spiller's Hydratrain® emulsions are gentle on the skin. They don't contain harsh acids; natural or nature-identical ingredients are chosen wherever possible.

With over 50 years' experience our team has developed an extensive professional skin care line that gives your aesthetician the tools needed to effectively manage all skin types and problems. In our products you will find an abundance of bio-active ingredients formulated for utmost anti-ageing and problem solving effectiveness.

Rediscover good skin with Dr. Spiller Biocosmetics.



CLEANSING



Sterile skin is neither possible nor desirable. Excessive cleansing of the skin will disturb the acid mantle, our skin's defence to dehydration. Dr. Spiller Biocosmetics offer a number of gentle yet effective cleansing products for different skin types which do not disturb the pH-balance of the skin and are non drying.



HERBAL CLEANSING GEL (oily, impure, acne skin)

Soap-free wash gel gently purifies the skin, herbal extracts balance the skin's pH to help control acne-forming bacteria. May be used as shampoo for oily hair.



CUCUMBER CLEANSER (combination skin, open pores, pigmentation)

A gentle non-drying creamy cleanser that leaves your skin clean, soft and feeling comfortable. Contains garden cucumber to purify, revitalise and lighten. Ideal for open pores. Our best selling cleanser.



PEACH CLEANSER (young, normal skin)

A gentle lotion cleanser with peach extracts to protect young skin. Peptides help maintain youthful looking skin.



ROYAL JELLY CLEANSER (mature, sun damaged and dry skin)

A gentle stimulating cleanser softens and refreshes the complexion with Royal jelly, leaving it perfectly cleansed without stripping the skin.



FIRST THINGS FIRST

ALOE SENSITIVE CLEANSING MILK (reactive, sensitised, dry skin)

A fresh and light lotion formulated with Aloe vera to gently cleanse, soothe and soften without disturbing the skin's natural balance. Can also be used as eye makeup remover.

DR. SPILLER'S WASH CREAM (highly sensitised skin)

Extremely gentle cleanser for face and body. The skin feels calm, soothed and comfortable. This wash cream is suitable for highly allergic skins.

HYDRO-MARIN FOAMING CLEANSER (fragile, thin, damaged skin)

Mild foaming mousse cleanser formulated with algae extracts and trace elements to strengthen and support the skin's own systems. Gentle, non-drying and pH-balanced, leaves your skin with a healthy glow.

EYE MAKE-UP REMOVER (all skin types)

This dual phase formula enriched with non-irritant natural oils gently removes water-proof make-up without drying the eye area. Shake well before use.

ALOE SENSITIVE CLEANSING GEL (all skins, skin tending to redness)

Water-soluble foaming emulsion gently cleanses without drying. Skin feels radiant and toned. Suitable for skin that is prone to redness. Also ideal as a body wash for sensitive skins.





EXFOLIATION

Dead cells can accumulate on the skin's surface, giving it a dull and lifeless appearance. Gentle exfoliation twice weekly is recommended.



SPECIAL PEELING MILK

(pale skin with poor circulation, excess oil or dehydration)

Can be used once or twice per week on face and body to remove dead scales and oily shine. Dehydrated skin becomes soft and smooth. The blood circulation is improved, skin appears radiant and fresh.



JOJOBA PEELING CREAM

(all skin types, including sensitive and couperose skin)

A particularly mild exfoliation for a radiant complexion. The base is Dr. Spiller Wash Cream, containing soft spheres of jojoba wax. Horny scales are removed with a gentle massage and the blood circulation is stimulated. Jojoba Peeling Cream allows your skin to benefit fully from the active ingredients contained in your moisturiser.



BODY SCRUB

Soft emulsion with a gentle abrasive effect for an intense body cleansing. Removes dead cells from the skin, loosens excess sebum. Leaves the skin feeling soft and silky smooth, allowing more effective penetration of your body moisturiser.



TONING



Everyday environmental influences affect the pH-balance of the skin. Regular toning as part of the Dr. Spiller skin care routine is vital to help restore the skin's natural balance and freshness.



HERBAL TONER (oily, impure, acne skin)

Refreshing toner with a synergistic combination of herbal extracts. It has a beneficial effect on the skin flora to help control acne-forming bacteria. Contains chamomile, horse chestnut and yarrow.



SENSITIVE TONER WITH ALOE (mature, sun damaged and dry skin)

A pleasantly refreshing non-drying toner formulated with Aloe vera which has a calming and moisturising effect on the skin. Particularly beneficial after exposure to sun.



PEACH TONER (young, normal skin)

Mild face toner to refresh young skin. Contains peach extract which promotes a general feeling of well-being and leaves the skin with a dewy freshness.



CUCUMBER TONER (combination skin, open pores, pigmentation)

This fresh, light toner is formulated with garden cucumber extract for an evenly-toned, revitalised appearance. Cucumber extract is known for its pore-refining and skin-lightening action. Particularly suitable for the oily T-zone.

BALANCE RESTORED



HYDRO-MARIN FRESHENER (all skin types)

A refreshing formula of algae extracts and soothing panthenol (a B-group vitamin). Supports regeneration of the cells, helps strengthen the skin's immune system and promotes cell activity.



BOOSTING SERUMS

The application of Dr. Spiller gels and serums gives the skin an intense moisture or treatment boost. They are enriched with active ingredients formulated to achieve unparalleled results when used in combination with your hydrator. Always follow with your prescribed day or night cream.



OXYGEN VITAL COMPLEX (problem skin tending to irritation)

Natural plant oils enriched with oxygen have a calming and soothing influence on problem skin. Glycoproteins help increase the oxygen absorption of the skin cells. Can be used on its own in case of oily skin. On other skin types the serum should be followed with the appropriate day/night cream.



OXYGEN VITAL SERUM (dry skin)

Helps stimulate the cellular metabolism and improve the skin's elasticity, giving it a fresh and relaxed look. The skin gains new vigour. Follow with prescribed day or night cream.



SILK SERUM (all skin types)

Precious silk proteins and shisandra extract revitalise skin needing extra care. Shisandra extract has been found to protect from dehydration, revitalise the skin and strengthen immune functions.



COLLAGEN AQUA PLUS (combination skin lacking elasticity)

A soft emulsion with a high content of collagen hydrolysates. Helps firm and smooth the skin and increase its moisture retention capacity.



INTENSIFYING TREATMENT

BIO CELLULAR HYDRO GEL (mature, demanding skin)

Active serum for mature, demanding skin. This is a highly effective gel formulated with thymus vulgaris extract, Aosa algae and ATP, the skin's energy source. The synergistic effect of this formulation gives the skin renewed resilience and a fresh appearance.

ALOE VERA GEL (all skin types)

A fresh, vitalising gel gained from the pure leaf sap of the medicinal plant Aloe vera miller barbadensis. Aloe vera gel is cooling, has a soothing, tightening effect and helps reduce the appearance of lines. Beneficial after too much sun. From our own Aloe vera plantation located in Columbia.

COLLAGEN INTENSIVE CARE (all skin types)

This highly concentrated serum infuses the skin with intense moisture to keep it hydrated and radiant. Smoothes and firms to preserve the skin's youthfulness.

HYDRO-MARIN ELXIR (dry, sensitised skins)

A creamy, light-weight stimulating serum containing fresh water pearl extract, seaweed and algae that supports the skins repair & regeneration.



HYDRATORS



Dr. Spiller moisturisers featuring Hydratain® emulsion technology are particularly effective at maintaining the skin's moisture balance. Adequate hydration is the key to healthy, younger looking skin. Our extensive range of care creams allows us to target all skin types and conditions. Dehydrated skin, tight skin and rough or flaking skin are warning signs. If you experience any of these conditions you should seek professional advice from your Dr. Spiller aesthetician.



SENSITIVE BEAUTY CARE DAY (sensitive, confused skin)

This gentle hydrating cream enables your skin to regain its balance. An effective combination of oils from avocado, grape seeds, calendula and arnica helps protect against harmful environmental influences.



ALOE DAY CREAM (protective care for young skin)

Soft day cream with precious Aloe vera extract for long lasting hydration. Smoothing and firming, helps preserve the skin's youthfulness. Today's aggressive approach to skin care is causing even young skin to show signs of damage and increased sensitivity.



GELEE ROYAL CREAM (oily and combination skin)

A light day cream containing Royal jelly. This substance is rich in vitamin B complex, proteins, amino acids, carbohydrates and trace elements. It has a balancing effect, helps normalise the skin's sebum production and is an excellent moisturiser.



HOW SKIN SHOULD FEEL



HYDRO COLLAGEN CREAM (young skin)

A delicate day cream containing collagen hydrolysates and bees wax, which has anti-oxidant properties, helps keep the skin soft and acts as a natural emulsifier. Allows the natural beauty of your skin to shine through.



HYDRO ALMOND CREAM (dry, demanding skin)

A powerhouse of active ingredients for skin in need of protection from harmful environmental influences. Contains ATP, the energy substance of the cell and vitamin F for its skin-smoothing, emollient and healing properties. Vitamin F is considered critical for a healthy skin metabolism.



PROPOLIS DAY CREAM (impure skin tending to acne)

A non-comedogenic day cream containing Royal jelly and propolis, an active substance that is known for its healing and cleansing properties. Royal jelly contains an abundance of proteins, vitamins and trace elements important for regeneration. Propolis Day Cream helps purify, clear and balance the skin.



HYDRATORS



COLLAGEN CREAM (for skin that needs support)

This concentrated emulsion, rich in collagen hydrolysates, avocado extract and bees wax, has powerful anti-oxidant and moisture-binding properties to provide the skin with long-lasting anti-ageing protection. The skin appears plump, smooth and radiant. The cream's distinctive blue colour is derived from azulene (German chamomile). This highly popular anti-ageing cream has earned the nickname 'Blue Rules'.



SENSITIVE BEAUTY CARE NIGHT (congested and combination skin)

A light night cream with precious avocado oil as well as oil extract of St. Johns Wort, calendula, grape seeds and arnica blossom. This gentle emulsion supports the skin's recuperation and increases its resilience.



SPECIAL REVITALISING CREAM (dehydrated, scaly skin)

Day or night cream with active substances for skin lacking in lipids and moisture, with reduced elasticity, feelings of tightness and a tendency to fine lines. Scaly skin points to an imbalance, often accompanied by a lack of moisture and sensitivity. Special Revitalising Cream addresses the root causes of the problem.



PROPOLIS NIGHT CREAM (break-outs, acne skin)

Biologically dynamic cream containing propolis, Royal jelly and avocado extract. Propolis is claimed to be the only known anti-biotic substance that acne bacteria are unable to build a resistance to. Collected by bees from trees, shrubs, flowers and other plants, Royal jelly is rich in minerals and organic trace elements. Propolis Night Cream helps regulate the skin flora and enables the skin to regain its natural balance.



FRESH, GLOWING, DEWY



LIPODYN CONCENTRATE CREAM (lipid dry skin)

Extremely rich and replenishing cream, suitable for the driest skin. Mostly used at night to aid the skin's recovery. Contains vitamin A which acts as a keratinization regulator, helping to improve the skin's texture, firmness and smoothness.



THYMOVIT-E CREAM (against first signs of ageing)

A vitalising day or night cream with vitamin E and extracts of thyme as well as Aosa algae. This combination encourages the cell renewal processes of the skin. Plant extract from thymus vulgaris has a stimulating and strengthening effect.



AZULEN CREAM (sensitive, irritated skin)

Exclusive active substances derived from chamomile combined with grape seed oil calm and support sensitised skin. Highly recommended in case of couperose skin and whenever a calming effect is desired. Blue colour and distinctive fragrance come from azulene (German chamomile).



HYDRATORS



Q10 OXYGEN COMPLEX CREAM (demanding, sensitive skin)

For a constant oxygen supply to the skin. Q10 Oxygen Complex Cream helps alleviate irritative skin problems. Co-enzyme Q10 is an anti-oxidant. It destroys free radicals, helps reduce the visible effects of photo-ageing and the appearance of fine lines. Daily application over time will result in visibly younger and smoother appearance of the skin. Hyaluronic acid improves the skin's moisture retention capacity.



SANVITA CREAM (for dry, sensitive skin)

Green Tea extract is rich in bio-active substances. It has a calming effect and helps prevent premature ageing. Ginseng extract stimulates the skin; the complexion appears fresh and rosy. Panthenol and olive oil render the skin smooth & supple. Our 'Green' cream.



SILK COMPLEX (luxury care for dry, devitalised skin, anti-ageing)

Winner of Reader's Choice Award. This firming and revitalising cream gives the skin a finer and smoother appearance. It contains silk peptides, Una de gato and bamboo extracts, vitamins A and E as well as hyaluronic acid. Fibroin peptides gained from silk help firm and tighten the skin.



ALOE VERA MEN'S BALM (mature skin tending to fine lines)

Use after shaving as day cream, or in the evening as night cream. This hydrating emulsion contains Aloe vera to protect and firm the skin, and calm irritations. Allantoin encourages regeneration of the skin. This hydrating cream features a pleasant masculine scent.



SUPPORTING, BALANCING



BIO CELLULAR DAY CREAM (mature, atrophic skin)

Balancing cream with Thymus vulgaris and vitamin E, suitable for demanding skin in need of special care. It is absorbed quickly into the skin and helps maintain its moisture content. Excellent revitalising cream.



BIO CELLULAR NIGHT CREAM (mature skin tending to dryness)

Thyme extract, Aosa algae and vitamin E are highly concentrated active substances formulated in this exclusive emulsion. Your skin regenerates in your sleep.



VITAMIN A DAY CREAM (mature skin tending to fine lines)

Gives the skin a soft, plump and well-hydrated appearance. The texture of the skin is normalised. It has been proven that vitamin-A palmitate helps to reduce wrinkles and to strengthen the epidermis so that the resilience of the skin and its suppleness are improved. This cream obtains its rich colour from beta-carotene, an important anti-oxidant.



VITAMIN A NIGHT CREAM (mature skin tending to fine lines)

This active cream reduces the appearance of fine lines and helps strengthen the epidermis. Vitamin A improves the skin's resilience and supports regenerative processes. It also stimulates collagen production and increases the elasticity of the skin.



HYDRATORS



VITAMIN C PLUS DAY CREAM (uneven skin tone, anti-ageing)

Vitamin C is vital for healthy, balanced skin. It has been shown to protect the skin from damaging environmental influences through its anti free radical properties. It also counteracts the formation of lines. Our approach is based on moderation, with regular low dosages. Gently does it!



VITAMIN C PLUS NIGHT CREAM (uneven skin tone, anti-ageing)

A night cream for gentle, restructuring care. It preserves the skin's natural moisture content, the decisive factor for visibly healthy skin. Stabilised vitamin C (L-Ascorbic Acid) is a primary antioxidant. It counteracts free radicals which are known to attack the structures of collagen and elastin.



HYDRO-MARIN CREAM (mature combination skin, break-outs)

A velvety soft day or night cream rich in natural emollients that helps balance moisture and oil levels in mature skin with excess sebum production. This cream contains SKIS (skin identical substances) and marine extracts which are rich in vitamins, amino acids and trace elements to brighten, calm and purify the skin.



CELLTRESSOR CREAM (mature skin, anti-ageing)

This precious cream incorporating new technology harnesses the anti-ageing properties of potent botanicals whose beneficial properties have been known for centuries such as; tiger grass, amaranth, red clover, argan oil and incense. The complexion is radiant, the skin appears denser, smoother and firmer. Rich in anti-oxidants, trace elements and phyto-hormones. Does not contain preservatives.



CELLTRESSOR GEL (mature skin, anti-ageing)

Intensive gel which contains the powerful trio of vitamins A, C and E, delivering the ultimate in anti-oxidant and anti-ageing benefits. Botanical extracts of cat's claw, hibiscus and Aloe vera enrich the skin with moisturising, tightening and firming agents, bestowing it with a smooth, radiant appearance. Does not contain preservatives.

BIO ACTIVE



CARE & REPAIR CREAM (dehydrated, fragile skin, skin tending to couperose)

Lightweight rescue and repair cream for weakened, fragile skin. Counteracts scaling and redness and gives the skin a relaxed, calm appearance. Contains OPC which research has shown to have anti-oxidant properties 50 times more powerful than vitamin E. OPC has a beneficial effect on eczema and allergic skin, with strengthening properties on capillary walls.

! DID YOU KNOW

Lipids are skin-friendly oils that protect against trans-epidermal water loss, and so prevent dehydration, lines and wrinkles.

They allow the skin to better absorb beneficial active substances, and help prevent inflammation.



EYE & LIP CARE



Skin care creams are formulated to match the acidic pH of the skin. The area around the eyes is alkaline and will react with sensitivity to those creams. The use of products specially formulated for the alkaline conditions around the eyes is recommended.



EYE CONTOUR BALM

Super rich balm which can also be used on dry, chapped lips. Soothing, refreshing and rejuvenating. Targets fine lines and wrinkles. Free of preservatives.



EYE CONTOUR CREAM

This delicate cream brimming with highly effective active ingredients is ideal for the sensitive tissue around the eyes. The skin appears fresher, smoother and softer. Puffiness is reduced.



EYE CONTOUR GEL WITH ATP

This cooling gel refreshes and revitalises tired eyes. It is an excellent base for eye make-up. Contains Aloe vera.



EYE CONTOUR AMPOULETTE

Rediscover radiant eyes. This penetrating serum can be applied under any of Dr. Spiller's eye products. Collagen and elastin hydrolysates have a tissue-tightening effect. Aloe vera and bisabolol soothe and calm tired eyes.



PROBLEM SOLVERS



DR. SPILLER'S ACNODERM GEL (impure combination skin)

This soothing gel with cinnamon bark oil inhibits the growth of bacteria which can cause skin impurities. It contains enzymes which help regulate sebum production and prevent inflammation. Use morning and night underneath your prescribed moisturiser.



HERBAL ACTIVE COMPLEX (problem skin prone to impurities)

This formulation combines a host of herbal ingredients with light, non-comedogenic lipids to help regulate oily and problem skin. It helps balance production and flow of sebum; enlarged pores are visibly reduced. In case of dry skin a suitable moisturiser can be applied directly after. Herbal ingredients, also found in Dr. Spiller Herbal Cleanser and Toner, are well known for their beneficial effects on skin tending to impurities.



DR. SPILLER ROLL-ON (for break-outs, spot treatment)

Highly effective preparation to fight pimples and spots. This concentrated lotion containing bearberry extract can be used several times a day on problem areas. Use as spot treatment only.



COVER STICK (for blemishes)

Formulated to correct and cover blemishes and pimples. Contains allantoin to aid healing as well as bacteriostat, a special substance developed to prevent the growth of unwelcome micro-organisms.



RINAZELL ACTIVE GEL (calming, regenerative, supports healing)

This colourless repair gel increases the oxygen absorption capacity of the cell and stimulates the cell metabolism with natural active substances gained from milk peptides. Calming and healing for irritated, sensitised skins. Ideal after sun exposure and other irritations.



RINAZELL ACTIVE CREAM

(regenerative, against pigmentation, supports healing)

This rich repair cream comes to the rescue following damage to the skin from various causes, e.g. Excessive sun exposure, IPL treatments or other heat-induced insult, chemical peels, microdermabrasion and the like. Lactic peptides are known to have an affinity for the skin and have been found to assist the skin's natural healing processes. Skin care professionals often refer to Rinazell Cream as their 'First Aid Cream'.



DE-PIGMENTOR CREAM (uneven skin tone, pigmentation)

This fresh treatment cream contains vitamin C. Research has indicated that topically applied vitamin C has photo-protective qualities. It is said to strengthen the immune system, to have anti-inflammatory properties and to promote healing. Regular application can lead to a gradual brightening of the skin and fading of pigmentation. Use morning and night on affected areas, underneath your prescribed moisturiser.

IT'S EASY



PROBLEM SOLVERS



WHITENING DE-PIGMENTOR CREAM (uneven skin tone, pigmentation)

White pigments contained in this cream give the skin an immediate lightening effect. Arbutin from bearberry leaves is known to have astringent, antiseptic and anti-inflammatory effects. An effective concealer for hyper-pigmented areas of the skin.



ANTI-COUPEROSE CREAM (broken capillaries in all skin types)

Readily absorbed treatment cream for couperose, rosacea, dark circles under the eyes and similar conditions caused by weakened capillaries. The main active ingredients are vitamin K and horse chestnut extract. This compound protects the veins and capillaries and is known to strengthen capillary walls, making it an all-round promoter of better and healthier looking skin.



S-CARE CREAM (for treatment of scars and other skin damage)

This repair cream can be used on a continuous basis to help with the treatment of scars. It contains a plethora of vitamins and powerful active substances known to support healing and regeneration of damaged skin. Panthenol increases the rate of cell division, beta-glucan and allantoin aid in the skin's natural healing process.



MASKS



Dr. Spiller Cream Masks are used by aestheticians in professional treatments. For home care, their use is recommended once or twice per week. Masks for oily skin have a drawing action and are designed to be removed after 15 to 20 minutes. The soothing, regenerative anti-ageing masks can be massaged into the skin for an intensive overnight treatment. A night moisturiser should be applied over the top.

AZULEN CREAM MASK (sensitised skin, redness)

A calming and soothing cream mask containing azulene, renowned for its anti-inflammatory and soothing action. Ideal after extensive sun exposure and in case of couperose skin. Can be applied once or twice a week, or whenever a soothing effect is desired. Azulene from the German chamomile gives this cream mask its distinctive colour.

BIO-CELLULAR CREAM MASK (anti-ageing, for mature skin)

Aosa algae with its polypeptides has the ability to increase the skin's resilience and elasticity. Helps prevent premature ageing and stimulates cell renewal. A real lift for tired skin lacking in energy.

THYMOVIT-E REPAIR MASK (loss of elasticity, sun damage)

This cream mask contains vitamins E and F as well as thyme extract. It encourages the skin's repair mechanism and helps reduce the hardening of the connective tissue. A deficiency of vitamin F is commonly associated with symptoms similar to those characterising eczema, psoriasis and generally poor skin condition.



MASKS



SANVITA MASK (dry, sensitised skin)

Active substances contained in Green Tea have a powerful calming and soothing effect, helping slow the ageing process and reduce sensitivity. Ginsenosides contained in ginseng are said to revitalise and reactivate epidermal cells. This mask helps diminish the appearance of wrinkles, increase the skin's elasticity and restore firmness.

HONEY ST. JOHNS WORT CREAM MASK (irritated skin)

Cream mask with an intensely calming, moisturising effect. The skin becomes soft and supple. Honey and zinc have a cooling and anti-inflammatory action, whilst vitamin P is known to strengthen capillaries, helping reduce the appearance of redness.

FRESH & FRUIT MASK (dry and combination skins)

An exotic refreshing gel mask with extracts of pineapple, mango and papaya. Contains enzymes which are known to have a gentle exfoliating effect, revealing a glowing dewy complexion. Panthenol stimulates cellular proliferation and aids in tissue repair. It is also known to be a penetrating moisturiser.

OXYGEN VITAL CREAM MASK (skin prone to irritation, sensitised skin)

A calming beauty mask designed to soothe irritated skin. Ginkgo biloba is considered anti-inflammatory and may help reduce couperose conditions due to its protective effect on capillary walls. It also helps stimulate oxygen uptake of the tissue. Bisabolol is a botanical extract from German chamomile. Scientific tests have confirmed its anti-inflammatory and soothing action.



REVITALISING VITAMINS

TERRA CALIFORNIA CLAY MASK (oily and mixed skin)

Cream mask with wheat germ oil and lanolin to balance the drawing action of kaolin. The aim is to remove excess sebum without drying the skin. Wheat germ oil is rich in anti-oxidants, particularly vitamins E, A, D and F. Lanolin has been found to significantly increase the water retention capability of the skin.

CARE & REPAIR MASK (weakened, fragile skin)

This penetrating treatment mask specifically targets weakened skin with its high content of OPC derived from red grapes. Its powerful anti-inflammatory effect and free-radical scavenging ability is enhanced by the protective and hydrating properties of shea butter. Pleasant fragrance and distinctive colour evoke the source of the main active ingredient: red grape.

! DID YOU KNOW

High concentrations of vitamin C or vitamin A act like acids on the skin.

Dr. Spiller Biocosmetics work with the skin rather than breaking it down.



SILK COMPLEX



WINNER BEST SKIN CARE CREAM

Silk Complex by Dr. Spiller Biocosmetics is a firming and revitalising cream for everyday use. It gives the skin a finer and smoother appearance. To complement this luxurious cream Dr. Spiller offers the Touch of Silk treatment, a regenerating salon facial treatment based on silk peptides.

Apart from natural silk peptides Dr. Spiller Silk Complex also contains bamboo and Una de gato extracts, vitamins A and E as well as hyaluronic acid. The remarkable properties of Una de gato (Cat's Claw) were discovered in the 1980's and are still the subject of ongoing scientific research. Bamboo extract is packed with amino acids, vitamins and minerals.

Readers of Beauty Forum, Germany's leading trade magazine for cosmetic professionals, voted Dr. Spiller's Silk Complex the best skin care cream.



HOW TO...



IT'S IN THE APPLICATION - HOW TO USE YOUR DR. SPILLER PRODUCTS

Your trained aesthetician will perform a professional skin analysis and recommend your appropriate home care regime.

Dr. Spiller's Hydratain® emulsions will feel a bit different to other creams you may have used. Your aesthetician will explain how to apply these ultra-hydrating skin care creams for best results.

1. CLEANSER

1. Apply equivalent of a 5 cent piece to fingertips.
2. Rub together and pat evenly all over face and neck.
3. Massage in lightly, including eye area.
4. Wash off with tepid water.
5. Repeat if necessary.
6. Pat skin dry with towel.

2. TONER

1. Apply a small amount to a dry cotton pad.
2. Wipe gently over cleansed skin.

3. EXFOLIANT

1. Apply small amount to face & neck.
2. Moisten with water and massage in circular motion all over the skin.
3. Avoid eye area.
4. Wash off with tepid water.
5. Use once or twice weekly.

4. HYDRATOR

1. Apply a pea sized amount to fingertips.
2. Rub fingertips together to spread the cream.
3. Apply cream evenly over face and neck.
4. Lightly smooth cream into the skin until absorbed.

5. MASK

1. Apply a thin layer to face, neck and décolletage.
2. Leave on for 10-15 minutes.
3. Remove excess with moist compress or towel (applies to drawing masks for oily skin only).
4. Follow with your hydrator.

6. EYE PRODUCTS

1. Apply a very small amount to index finger.
2. Pat lightly around eye socket.
3. Gently push into skin. Don't rub.

YOUR PERSONAL SKIN CARE PRESCRIPTION



DAILY

Cleanser _____

Toner _____

Day cream _____

Gel/Serum _____

Night cream _____

WEEKLY

Exfoliant _____

Mask _____

EYE CARE

Cream/Gel _____

NECK & DECOLLETE

Cream/Lotion _____

PLEASE REMEMBER:

Good skin, like a good relationship, is the result of good habits practiced daily, over the long term.

Your salon treatments contribute 40% to your goal. The other 60% depends on your 'home work'. I.e. regular application of home care prescribed by your skin care professional.

YOUR DR. SPILLER SKIN CARE CLINIC



Dr. Spiller Biocosmetics' exclusive Hydratain® emulsion system – unparalleled care for your skin, convincing results and hydration that lasts all day long!

Dr. Spiller
BIOCOSMETIC
REDISCOVER GOOD SKIN

HYDRATAIN®
EMULSION SYSTEM

Call Sharmaine on
08 8682 1755